

November 2020

With Christmas fast approaching and this very strange year coming to an end.

It is time to think about gifts for your loved ones!

Has a family member always wanted to have their teeth whiter?

We have vouchers available towards treatment.

Please ask at Reception for details



Welcome to The Sandford, one of the most highly regarded cosmetic and advanced dentistry centres in South East London and Kent. Our patients are at the heart of our ethos and our primary aim is to make your treatment as comfortable as possible, with the highest standards of dental care. Our state of the art clinic provides a welcoming and relaxing atmosphere for your treatment. From the moment you arrive, you will be greeted by our warm and friendly reception team, who will guide you using their extensive knowledge and experience. Our purpose-built practice is fitted with the latest innovative equipment and we pride ourselves in being one of a few referral centres in the South East that has all dental specialities under one roof. As a result, we are able to carry out multidisciplinary advanced and complex treatments which may not be possible at many dental practices.

Contact Us

www.thesandford.com



What happens to your teeth when you eat too many sweets?

Bacteria feeds on sugar, for example chocolate, sweets, cakes and sugary drinks to name a few.

Bacteria produces acid, and the acid breaks down the enamel in your teeth, forming what we call cavities.





What Is Composite Bonding?

Composite bonding is a cosmetic technique where a type of dental material – in this case, composite resin (the same as used in white fillings) – is shaped and molded on your teeth to give the appearance of a straighter, whiter smile. It can be used as a cosmetic solution to chipped, gapped teeth and staining in both teeth and fillings.

No Drilling

No Anaesthetic

One Visit

Ask your dentist



Examples of work carried out at The Sandford



Examples of work carried out at The Sandford





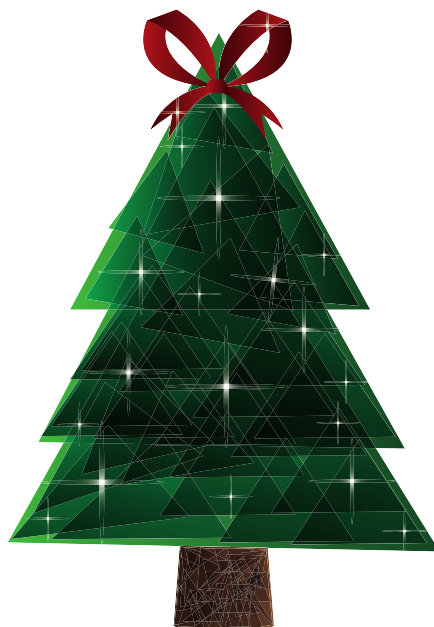
Sarah Persechino
Treatment Co-ordinator

Sarah's role as treatment co-ordinator includes helping patients understand dental treatment options available to them and interacting with the whole dental team, ensuring a smooth and relaxed patient journey, whilst providing a point of contact for all patients undergoing treatment.



Amanda Wade
**Orthodontic Treatment
Co-Ordinator**

Amanda assists our Specialist Orthodontist Dr Nina Shaffie with administration, helps patients with orthodontic enquiries and looks after them throughout their treatment.





Orthodontics



Nina Shaffie
Specialist BDS Honours
(Lond) MJDF RCS (Eng),
MSc Orth
(Lond), MOrth RCS (Edin)



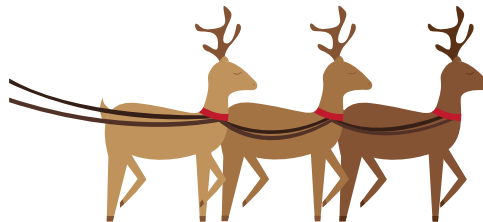
ICONIX Aesthetic Braces



A few words from our orthodontist

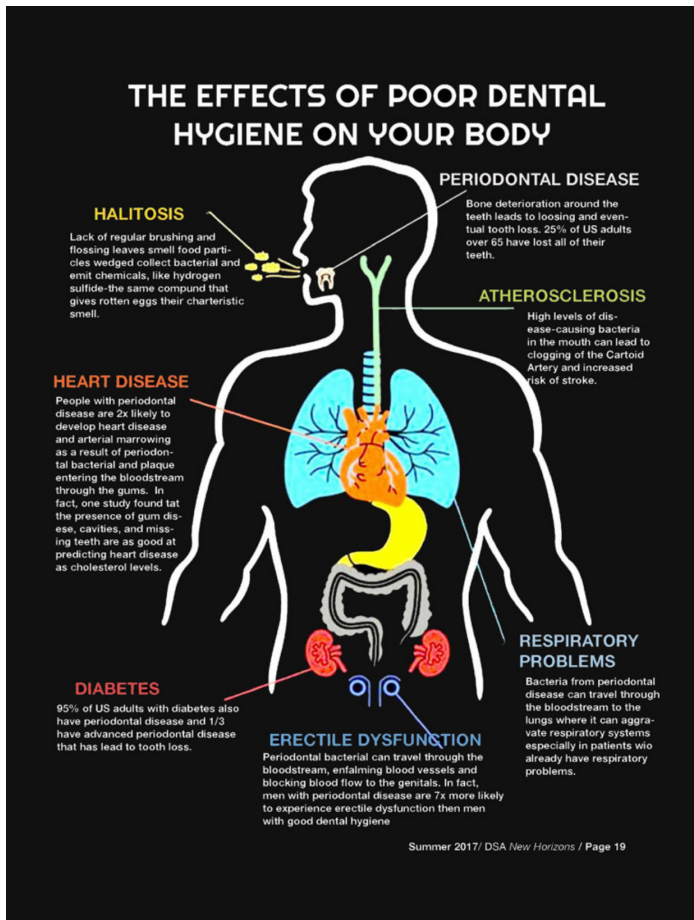
When you start your orthodontic journey you will receive an "orthodontic fixed pack" containing everything an orthodontic patient will need to maintain good oral health throughout their treatment.

Iconix braces are a sophisticated and elegant alternative to traditional metal braces. The stylish champagne light gold finish, blends beautifully with the teeth. The Iconix brace truly offers the best of both worlds - the durability of stainless steel and the aesthetics of champagne gold. Have a smile as good as gold!



Did you know

Our hygienists play a vital role in helping you keep safe against gum disease. This may include scaling and polishing your teeth, in order to keep them free of plaque. Following any treatment, we will then put together a tailor-made maintenance plan for you to follow at home.



Our Hygiene Therapists



Karon Priestman



Zoe Wills